

Mistletoe Therapy for non-oncological conditions

CWT Mistletoe Online Training Day

Date: **Friday 19th April 2024**

Time: **9:45am – 5:30pm**

Venue: **ZOOM-based seminar** online

About the Training

This training is being offered in response to requests from healthcare professionals in the UK. It aims to train nursing and medical professionals in the use of mistletoe therapy for non-oncological conditions. Our teaching is focused on the patient, the challenges they face and how best we can help them with Mistletoe Therapy as part of an integrated AnthroHealth approach. This training day will be run by Dr Simon van Lieshout.

What you will learn

This seminar will cover:

- The aetiology, conventional management and holistic concepts in the management of chronic fatigue syndrome / ME and fibromyalgia
- Mistletoe therapy recommendations for CFS / ME, fibromyalgia and a range of other non-oncological conditions
- Other Anthroposophic medicines and therapies for chronic fatigue syndrome and fibromyalgia

You will learn about the use of injected mistletoe preparations in patients with:

- Chronic fatigue syndrome, post-viral fatigue and long COVID
- Fibromyalgia and some other rheumatological conditions
- Multiple sclerosis
- Functional neurological conditions such as insomnia and tinnitus

NB: Competency in subcutaneous injections will be presumed and not taught. Experience in the use of injectable Anthroposophic medicines and prior training in the safe use of mistletoe is also a prerequisite for participants. Please let us know if this is not the case.

Course Price

Cost: **£300 for one day**

This includes:

- Digital copies of the presentation slides
- A day of live training with opportunities for discussion and questions
- Detailed step-by-step patient guides for the use of Helixor in chronic fatigue syndrome and fibromyalgia
- Detailed patient instructions on how to prepare and administer mistletoe injections
- A Certificate of Attendance

Pre-Course Reading and Preparation

We would like you to turn up on the day relaxed and ready for an enjoyable educational experience. To prepare for the day, please:

- read any emailed course material
- note down any questions arising from it.
- become familiar with the ZOOM platform / video software
(a user guide will be provided to support any trouble-shooting)

Please note that we **require a minimum of 7 participants** to make the training possible. We reserve the right to cancel if we do not meet this number.

About CWT

Camphill Wellbeing Trust [CWT] is one of the leading centres offering Mistletoe Therapy in the UK. Offering the full range of mistletoe therapy options at its Aberdeen based outpatient clinic with self-catering accommodation where required, it receives referrals from throughout the UK and beyond. Our clinical team includes:

- Dr Stefan Geider, an NHS GP with 21 years' experience in the UK , who trained initially in Witten/Herdeke University, Germany and is the Clinical Lead for the CWT
- Dr Simon van Lieshout, an NHS GP, University of Aberdeen Senior Clinical Lecturer and Anthroposophic Physician with 11 years' experience in mistletoe therapy
- Barbara Plant, an AnthroHealth Nurse with 10 years' experience in mistletoe therapy
- Katie Hutcheon, a trainee AnthroHealth Nurse with experience in mistletoe therapy

CWT also hosts the Mistletoe Therapy UK project which aims to support development and availability of Mistletoe Therapy in the UK. Over the past 10 years the CWT team has worked to improve patient access to mistletoe therapy, provided training and information on Mistletoe Therapy and developed a support network for interested professionals. It also supports research initiatives and has published in peer-reviewed journals.

The team is passionate about improving access to mistletoe therapy for patients and committed to sharing its experience and expertise with medical and nursing care professionals in a practice-based way. Find out more: www.camphillwellbeing.org.uk