

Annual Conference 24th – 26th September 2021

All Real Living is Meeting*



*Title quote M. Buber, 1970

Tobias School of Art & Therapy Coombe Hill Road, East Grinstead RH19 4LZ AATA Annual Conference 24th – 26th September 2021

All Real Living is Meeting*

Imagine stepping out of a dense wood into a wide open clearing There is space and light and in this space we meet each other We come together from various pathways To gather the different strands of our work, our intentions, our questions. We share and listen and through this create new work, open new possibilities and perspectives.

In preparation for this conference we took the theme of the tree, as a way to imagine ourselves into our content. The core content of this is a coming together and sharing of what motivates, challenges and inspires us in our work with clients.

The tree became an image of our biography as therapists and the clearing in the forest our picture of coming together and finding our common ground. We would like to invite you to join us in the clearing in the woods.

We are opening this event to those therapists who may not be members of the association as well as members. In fact, one of the main gestures of this gathering is to generate a meeting and sharing amongst this wider circle with our core members.

We are asking that all participants bring at least one image, up to a maximum of 3 pieces (actual work or screen) that were produced in a session with the client. This will be a basis for sharing in small groups.

Kelly Williams is a Eurythmy teacher who works regularly with children and adults in schools and kindergartens, teacher trainings and adult courses in the UK and China. She started her artistic life in song and dance as a teenager and found her way to eurythmy through Waldorf education as a parent. The capacity of the body to express is a constant source of interest and joy in her work. She works artistically with Peredur Eurythmy and is currently studying for an MA in pedagogical eurythmy, as well as studying contemporary dance and Feldenkrais lessons.

Diogenes Mock is an Integrative Psychotherapist with roots in Anthroposophy and Gestalt therapy and incorporates creative and artistic strategies. Contemporary issues in the light of inspirational thinkers such as Steiner and Buber, provide constant reference points for continuing enquiry.

Olivia Olsen comes to storytelling from a movement and theatre background. First solo productions were *The Syringa Tree*, a one actor play with 22 characters and Alan Bennett's *Bed Among the Lentils*. She toured the epic of *Parzival*, and *Penelope -The Odyssey through her Eyes*. She recently acted in *Stray Dogs* a play she wrote at Park Theatre London, nominated for an Obbie award, Most Promising New Playwright.

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All Real Living is Meeting* **Programme**

Friday 24th September

- 15:30 Arrival / Refreshments / Registration
- 16:00 **AATA AGM**
- 18:00 Supper
- 19.30 Welcome and introduction Followed by Presentation on Martin Buber by Diogenes Mock

18:00 Supper

19.30 **Storytelling** by Olivia Olsen

Sunday 26th September

- 9:00 **Eurythmy** with Kelly Williams
- 9:30 Artistic work in the whole group
- 11:00 Coffee/Tea break
- 11:30 **Review** Looking forward with the whole group
- 13:00 Lunch
- 14:30 Close

Saturday 25th September

9:00	Eurythmy with Kelly Williams
9:30	Session 1 Tree image artistic work in small groups
11:00	Coffee/Tea break
11:30	Session 2 Sharing of client work in small groups
13:00	Lunch
14:30	Session 3 Reviewing experiences 1&2 in small groups
16:00	Tea break
16:30	Session 4 Artistic work in small groups



Contact & Booking:

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Conference Fee:

AATA members £130 Non AATA members £155 Student members £80 Student non members £100

This covers and includes meals, accommodation, room hire, materials and organisation expenses shared out evenly among all participants. We have tried to keep the conference fee as low as possible to make it accessible.

Please book your place and send your £50 deposit by the **10th September 2021** *Account Name:* Association of Anthroposophic Therapeutic Arts *Sort Code:* 089299 *Account Number:* 6543918200 The deposit is non-refundable if cancelled 6 days before the conference, unless Covid related.

Please let us know if you are travelling by train or car and if you can offer a lift to other participants; specify if you need accommodation for Friday and/or Saturday (the cost for additional nights is not included in the conference fee and may vary); and communicate any special dietary requirements (food will be vegetarian).

Due to possible changes in government guidelines, the conference programme might need to be amended or cancelled at short notice. We will do our best to communicate any changes via email.