



British Training in Anthroposophic Medicine

A PART TIME THREE YEAR TRAINING CONSISTING OF
SIX SEMINARS IN EACH YEAR WITH A STRONGLY
EXPERIENTIAL CHARACTER

DESIGNED FOR REGISTERED MEDICAL PRACTITIONERS
BUT OPEN TO OTHER HEALTH CARE PROFESSIONALS

Developing a
comprehensive perception
of patients and illness that
encompasses body, soul
and spirit.

Forming a new relationship
to medicines and their
source materials through
plant and mineral studies.

Experiencing how art
supplements science and
widens understanding.

Discovering new methods
of study that stimulate and
motivate personal learning.

Exploring exercises and
meditations that support
personal development in
relationship to medical
work.



Faculty

The training encompasses methods of studying the human being and nature that extend reductionist science beyond objective observation to re-include the observer's subjective responses.

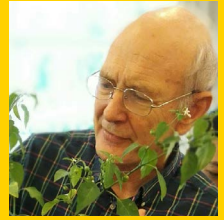
Inner exercises are explored that can be taken up as elements of a spiritual path that can sustain and inspire the health care professional

The training will give physicians the basis of extending their understanding of their patients beyond the current materialistically biased medicine emphasising the patient's spirit, psychology and bodily resilience.

The training provides a foundation for prescribing natural medicines and a range of non-medicinal therapies. These have been shown in general practice to radically reduce the prescribing of antibiotics and other groups of conventional medicines, while improving patient satisfaction.

Dr Michael Evans, Course Leader

Certified Anthroposophic Physician who worked as an NHS GP for 26 years and now sees patients privately. He leads the International Postgraduate Medical Training in the Philippines and is a faculty member of the UK Mental Health Seminar



Prof. David Martin

Professor of Paediatrics at Tübingen University and Professor of Medical Theory, Integrative Medicine and Anthroposophic Medicine at Witten Herdecke University. He worked for 5 years, as a consultant paediatrician at the Filderlinik, where he still sees patients.



Dr James Dyson

Formally a certified Anthroposophic Physician and is an accredited teacher of psychosomatics. He acts as consultant in a number of Waldorf Schools and is a faculty member of the UK Mental Health Seminar and the Anthroposophic Psychotherapy Training in the UK.



Anna Hubbard

Therapeutic Arts Practitioner and former tutor at the Hibernia School of Artistic Therapy. She guides the artistic activity in the training.



Visiting Specialist Faculty - Albert Schmidli (Pharmaceutical Chemist) Dr Maurice Orange (Oncology), Dr Simon van Lieshout (GP), Dr Karin Michael (Paediatrician), Dr Thomas Beitkreuz (Consultant General Physician) Dr Matthias Girke (Consultant General Physician) Dr Jana Vorbachova (Obstetrician and Gynaecologist) Marah Evans (Counsellor and Art Therapist) Jane Abel (Eurythmy Therapist) Ursula Browning (Eurythmy Therapist).

Year One Seminars

1. The Four Elements – Spiritual Biography
2. Four Kingdoms of Nature and the Four Elements – Conditions for Spiritual Development
3. Projective Geometry and Living Morphology
4. Qualitative Anatomy – Four Organs – Six Soul Exercises
5. Medicinal Plant Studies- Meeting Patients – Anthroposophic Text Study, Eight fold Path – The Positive Role of Fever
6. Anthroposophic Pharmacy – Alchemical Tria Principle – Art Work- Medical Meditation



Year Two Seminars

1. Child and Personality Development – Keys to Resilience or Vulnerability – Biography Work
2. Mental Health – Neurosis - Eurythmy Therapy
3. Mental Health – Psychosis – Clay Modelling Therapy
4. Cancer, Fever and Mistletoe Therapy
5. Medicinal Plant Study, External Treatment, Meeting Patients
6. Anthroposophic Pharmacy – the Metals and Planets

Year Three Seminars

1. Anthroposophic Paediatrics- Eurythmy Therapy
2. Practical Prescribing, Manufacture of Anthroposophic Medicines
3. Hypertension and Sepsis – Anthroposophic perspectives
4. Rheumatology, Endocrinology, Diabetology- Anthroposophic perspectives – Michael and Raphael Schools
5. Obstetrics and Gynaecology Anthroposophic perspectives, Medicinal Plant Study
6. Celtic Spirituality and Future Spirituality and Medicine, Ita Wegman & Rudolf Steiner in the British Isles



Is there a place for the Spirit in Medicine and Science? June 2018 conference at The University of Westminster

Registration

The annual course tuition fee is payable in advance. A 50% non-returnable deposit is required with the registration form (inserted) and the remainder at the start of the training. The training contributes to the attainment of a Certificate as an Anthroposophic Physician awarded by the Anthroposophic Medical Association with the international criteria of the Medical Section of the School for Spiritual Science Switzerland. The Faculty are in contact with the Medical Section, regarding the long-term international validation of the training. CPD Certificates of Attendance are issued for each component seminar.

Contact & Enquiries

Contact Dr Michael Evans on 01453 750097 or email info@anthroposophic-drs-training.org For more details including dates and venues see the web site www.anthroposophic-drs-training.org For more general information on Anthroposophic Medicine in the UK see www.anthroposophicmedicine.org.uk/

Seminars are mainly held in Stroud at St Luke's Therapy Center. The five day summer intensive is often at Emerson College in Sussex. The course is organisationally part of Emerson College and endorsed by Crossfields Institute.

