Annual Medical Section Conference in GB

**Friday 31st May – Sunday 2nd June 2024**

**At the Steiner Academy Hereford**

Registration Form

**Please send this form to the Conference registration secretary Cathie Green, joint Medical Section Coordinator, by Sunday, 12th May E: cathiegreen@outlook.com**

**Name:**

**Address:**

**Email: Phone:**

**Profession:**

**Would you like to be on the Medical Section mailing list?** Yes/No(delete as appropriate)

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**WORKSHOP CHOICES**

Please indicate your first three preferred workshop choicesby adding ‘1st, 2nd and 3rd’ into the first column.

|  |  |
| --- | --- |
|  | **Awakening to the Hierarchies in Life and Work** with Marah EvansThis workshop aims to deepen our awareness of working with the hierarchies by exploring qualities and incidents from participants' biographical examples from medical, therapeutic or social situations, alongside drawing and colour work. We will explore through group work biographical/schooling questions related to an overview given my Marah of the nine hierarchies, the counter-forces, and their qualities.**Marah Evans** is a counsellor/psychotherapist, art therapist and supervisor; currently co-director of the UK Anthroposophic Psychotherapy Training, faculty for the Mental Health Seminar and Class Holder in Stroud. |
|  | **Bothmer Movement Therapy** with Quentin ShawHow to therapeutically apply Bothmer movement by appealing to the fundamental principles of the forces of space. From a conscious experience of space a therapeutic process is harnessed that enables a range of movement patterns and disabilities to be treated. **Please bring soft shoes and wear comfortable clothing.****Quentin Shaw** is a Bothmer movement therapist, a Bothmer gymnastics teacher, and a registered practising osteopath. |
|  | **Eurythmy Therapy in Times of Increased Materialism** with Theodor HundhammerFundamental laws of the etheric moment and the role of breathing in eurythmy therapy. Practical application in the Cancer Sequence. **Please bring soft shoes.****Theodor Hundhammer** is the founder of Eurythmy4you. He practises in Bern and Biel, Switzerland and has served as a project administrator for health initiatives in Africa and Asia as well as president of the Eurythmy Therapy Association in Switzerland. For further details on his books and online courses please visit www.eurythmy4you-en.com  |
|  | **Goethean Psychology** with Graham KennishIn this workshop you will learn a practical anthroposophical method of handling the feeling life, through Goethean observation of one's inner emotional state, through the language of gesture in which no sharing of personal issues is needed. You will leave with a practical exercise that you can use for self-care in your work as teacher, doctor, therapist. **Graham Kennish** is a Waldorf science teacher and trainer of 45 years.  He is also a driving instructor and an accredited BACP counsellor, giving workshops and individual sessions in Goethean Psychology. [www.goetheanpsychology.co.uk](http://www.goetheanpsychology.co.uk/%22%20%5Ct%20%22_blank) |
|  | **The Human “I”** with Michael Evans A broader sense for our “I” may help the endeavour of facing and engaging with the challenges of today’s ever intensifying materialism, as well as any effort to build community. In his lecture from (27/12/2918 in *How can Mankind Find the Christ Again?* GA187), Rudolf Steiner describes three very different aspects of the reality of our "I". After a brief presentation of this lecture, we will explore our own experience of these different perspectives, and will accompany this sharing with art work.**Michael Evans** is an Anthroposophic Physician who worked as an NHS GP for 26 years and now sees patients privately. He leads the English Training in Anthroposophic Medicine, based in the UK and open to doctors worldwide. He is a faculty member of the Mental Health Seminar, both based at Emerson College. |
|  | **Visual Arts – Embracing Light and Darkness** with Susanne KoszykWe will explore colour through painting with an open heart. We can share our individual explorations of how each participant creatively responds to ideas such as colour arising out of a journey of longing and the experience of polar opposites such as courage and fear. (Suggested reading: ‘The Hierarchies and the Nature of the Rainbow’. Rudolf Steiner, Dornach, 4/1/1924)**Susanne Koszyk** works as a Therapeutic Art Counsellor at the Kairos Pain Rehabilitation Clinic in London. |

**CLASS LESSON**

Please enter an ‘X’ into the first column if you plan to attend the Lesson, and would like to have lunch.

**Please remember to bring your blue card.**

|  |  |
| --- | --- |
|  | I am a member of the School of Spiritual Science and plan to attend the Lesson. |
|  | I would like to have lunch on Friday (soup, salad, bread, choice of spreads) after the Lesson at an extra cost of £5.00 |

**Contributions to the WhitsunTIDE Festival on Saturday evening**

|  |
| --- |
| I would like to contribute the following to the Whitsum Festival (poetry, music, an inspirational thought – please time you contribution and include how long it will take.) |

**Dietary needs**

|  |
| --- |
| **My dietary needs are as follows (e.g. vegetarian, gluten-free, dairy-free)**  |

**Accommodation**

Please request the accommodation list we have compiled, which includes budget accommodation on the kindergarten floor. Should everyone on that list already be full, we can only suggest AirBnB.

**Conference fee – £135 (or £140.00 including Friday lunch)**

This includes the Conference fee plus snacks, Friday and Saturday supper and Saturday and Sunday lunch.

Please contact Cathie if you cannot afford the full fee. No one is excluded from attending for financial reasons.

**How to register**

**(A)** First please make your payment

**By bank transfer**

**Ref. ‘MSC + your name’**

Bank: Unity Trust Bank

Account name: Anthroposophical Medical Trust CAHSC\*

Sort Code: 60 83 01

Account no: 20211853

**For payments from abroad**

IBAN: GB93NWBK60023571418024

BIC: NWBKGB2L

**\*Please note** This is the account in which the Trust used to hold funds on behalf of CAHSC. The name has not yet been updated.

**By cheque – made out to ‘Anthroposophical Medical Trust’**

If you prefer to pay by cheque please send it to the Medical Section treasurer Ian Bailey, 28 Old Hospital Lawn, Stroud, Glos. GL5 4GA

**(B)** Send your application form to Cathie Green (her email address is at the top of this form)

**I, ……………..(name) have paid my fee of £……**

* **via transfer into the above Medical Section Account**
* **via cheque to Ian Bailey**

**(please tick as appropriate) .**

**Date:………….**