

Annual Medical Section Conference in GB

Friday 26th May – Sunday 28th May 2023
At the Glasshouse College in Stourbridge

Registration Form

Please send this form to medicalsectionGB@gmail.com by 10th MAY, or by post (details below)

Name:

Address:

Email:

Phone:

Profession:

Would you like to be on the Medical Section mailing list? Yes/No (delete as appropriate)

WORKSHOP CHOICES

Please indicate your first three preferred workshop choices by adding '1st, 2nd and 3rd' into the first column.

	<p>Bothmer Gym – Restoring Inner Balance</p> <p>We will discover the spaces within by working with peripheral movement to free the centre and thus help to restore our inner physiological balance. What lies as our underlying chronic pattern we can address through movement and transform our tendency towards dis-ease?</p> <p>Val Taylor worked as an osteopath before meeting anthroposophy and training in Bothmer Gymnastics and Waldorf Education. She has worked as a movement therapist at Waldorf Schools for many years, including circus skills, and has developed ways of working that support developmental processes, prevent injury and help to restore equilibrium.</p>
	<p>The Creative Task of the Consciousness Soul</p> <p>How we can better understand and cultivate Consciousness Soul qualities described by Steiner as particularly significant generally for this epoch and in particular for cultivating an inner ground within the contemporary situation of increasingly diverse and polarising viewpoints? The workshop will include conversation, art and biographical sharing in small groups.</p> <p>Marah Evans has worked for 40 years in therapeutic settings, initially as an anthroposophic art therapist, and later as a registered counsellor and clinical supervisor in private practice. She is a faculty member of the Mental Health Seminar and the postgraduate Psychotherapy Training, both based at Emerson College. Michael Evans is Certified Anthroposophic Physician who worked as an NHS GP for 26 years and now sees patients privately. He leads the International Postgraduate Medical Training and is a faculty member of the Mental Health Seminar, both based at Emerson College.</p>
	<p>Eurythmy – Experiencing and Strengthening the Activity of the Heart</p> <p>In this workshop we will be doing eurythmy exercises given by Rudolf Steiner for strengthening the organ of the heart. In these we will be able to discover the deeper aspects of the activity of the heart, both in supporting health and as an organ for the perception of karma.</p> <p>Shaina Stoehr worked as a eurythmy therapist in Park Attwood Clinic, the Glasshouse College for young people with special needs, William Blake House, and in private practice. She is currently co-carrier of the Eurythmy Therapy Training in Great Britain and of the Master of Education/Eurythmy Therapy in English.</p>
	<p>Form Drawing – Integrating Polarisation</p>

<p>This workshop will look at the soul forces of thinking, feeling and willing and how form drawing can help to integrate polarisation and provide an elegant feedback system to help us balance ourselves. There will be suggestions and ideas which we can take home as tools to help build resilience. Come prepared to move and interact as well as draw.</p> <p>Anna Hubbard taught form drawing in each year group throughout the former Hibernia Art Therapy training. She applies it in individual therapy and, for the last 20 years, has been teaching art to what was first the the English and has in recent years become the International Training in Anthroposophic Medicine based at Emerson College.</p>
<p>Looking at Covid from different points of view – Investigating Polarisation?</p> <p>We will work towards an understanding of the illness with the help of the concepts of 3-fold-ness (nerve sense, metabolic poles and rhythmic systems), 4-foldness (e.g. physical, etheric, astral and I, and the elements and ethers), 7-foldness (life processes), and, if we get there, 12 foldness (senses and world views).</p> <p>Dr Peter Hanrath and Dr Saskia Renkema are anthroposophic doctors working as NHS GPs at Blackthorn Medical Centre in Maidstone; they have been involved in the medical response to Covid 19.</p>
<p>Visual Arts – Exploring Thresholds</p> <p>Many possibilities arise when different elements meet in a visual composition, from dramatic edges to seamless transitions, we will use different media to bring this theme to life.</p> <p>Susanne Koszyk works as a Therapeutic Art Counsellor at the Kairos Pain Rehabilitation Clinic in London.</p>

CLASS LESSON

Please enter an 'X' into the first column if you plan to attend the Lesson, and would like to have lunch.

Please remember to bring your blue card.

<input type="checkbox"/>	I am a member of the School of Spiritual Science and plan to attend the Lesson.
<input type="checkbox"/>	I would like to have lunch on Friday (soup, salad, bread, choice of spreads) after the Lesson at an extra cost of £7.00

DIETARY NEEDS

My dietary needs are as follows (e.g. vegetarian, gluten-free, dairy-free)	
<input type="checkbox"/>	Please indicate with an 'X' whether you would like to have a light Sunday lunch with a choice of sandwiches either at the College or to take away for your journey.

PAYMENT OF THE CONFERENCE FEE – £130 (or £137.00 including Friday lunch)

By bank transfer

Ref. 'MSC + your name'

Bank: Unity Trust Bank*
Account name: Anthroposophical Medical Trust (AMT)
Sort Code: 60 83 01
Account no: 20211853

For payments from abroad

IBAN: GB93NWBK60023571418024
BIC: NWBKGB2L

*Please note that the full name of this account will appear as "Anthroposophical Medical Trust CAHSC". It was formerly the account in which the Trust held funds on behalf of CAHSC. The name has not yet been updated.

By cheque – made out to 'Anthroposophical Medical Trust'

If you prefer to pay by cheque please send it, together with your registration form, to Medical Section, c/o Sibylle Eichstaedt, 37 Farriers Croft, Bussage, Stroud, GL6 8JW